

# SideBeSide Update

Osmani Primary School | Spring Term 2017

### Breakdown by Numbers (03/01/17 to 10/03/17)

Children in Therapy	16	Children seen for	15
Therapy Sessions this	99	Occupational Therapy	
term (to date)	33	Children seen for 6xTalk	
Parent Meetings	14	Time intervention	5
		Children seen for drop-	
Children in Clubs	13	in Talk Time	31

#### **Our News**

- SideBeSide therapy service in Osmani is now almost at full capacity with 16 children having weekly 1:1 sessions. This is great news, the children accessing this support will benefit in a range of ways. Importantly all the children are really enjoying their sessions and getting to know their therapists.
- This term we have reduced the number of drop-in talk times offered in order to run more lunchtime clubs. Children are still able to request TalkTime drop-in during break time, and teachers can also ask a member of the SBS team if they think a child in their class would benefit from a drop-in session.
- SideBeSide clubs this term include Year 6 lunchtime creativity club, Year 4 lunchtime confidence club, and two Year 6 children are also working on an individual project around a subject of their choice. The clubs and activities are tailored to the needs of the children attending.

## **Looking Ahead...**

Next term SideBeSide are looking forward to running transitional groups to support Year 6 children who may have particular fears or anxieties around their move to secondary school in September.

#### The Team

Lucy Freeman
SideBeSide Team Manager,
Art Therapist

Anita Stewart

Art Therapist

Natasha Bailey Trainee Integrative Child and Adolescent Psychotherapist and Counsellor

Gary Baron
Trainee Child, Adolescent and
Family Psychotherapist

Monica Henry
Trainee Child and Adolescent
Counsellor

Holly Lambden

Trainee Child, Adolescent and
Family Psychotherapist

Charlotte Eilenberg Trainee Child and Adolescent Psychotherapist

Denise Jacobs

Trainee Integrative Child &

Adolescent Psychotherapist



"I enjoy my time at SideBeSide because we get to talk about things and make things... it makes me feel good" Year 5 child accessing 1:1 therapy