



Rights Respecting Articles: *Article 3 -The best interests of the child must be a top priority in all decisions and actions that affect children*  
*Global Goal 4- Good Health & Wellbeing*

**MATHS**

Times Tables 1-12 DC  
<https://www.timestables.co.uk/> [Maths Games](#)  
<https://mrnussbaum.com/speed-math-online-game>

Measure – 1-5  
<https://classroom.thenational.academy/units/measures-86db>

**Amena's set Maths (1-5)**  
<https://classroom.thenational.academy/units/place-value-00b7>

**LITERACY**

Spellings  
accommodate  
accommodation  
aggressive  
embarrass  
apparatus  
success  
successfully  
willingness  
worthlessness  
happiness

Literacy Lessons 1-5  
<https://classroom.thenational.academy/units/the-viewer-narrative-writing-159c>

SPaG Lessons 1-5  
<https://classroom.thenational.academy/units/t4-grammar-practice-e7aa>

**Amena's Set LITERACY**

<https://classroom.thenational.academy/units/the-day-the-crayons-quit-persuasive-writing-0c4a>

Reading  
<https://classroom.thenational.academy/units/reading-for-pleasure-82f2>  
Amena's set:  
<https://classroom.thenational.academy/units/reading-for-pleasure-2dfe>

**Science**

LI: to create a poster

Using your findings from last week, create a poster explaining the process of diffusion

**History**

Lessons 1-5  
<https://classroom.thenational.academy/units/ancient-greece-79e7>

## DT/Art

LI: to create a human sculpture using different household materials

<https://www.youtube.com/watch?v=M58oMKBO7S0>

Create figures using match sticks and compare these to the ones you created last week

## Music

<https://towerhamlets.box.com/s/0g0w7v3n1xmx7uulbcutckif6ghxolzi>

## RE

LI: to create a poster

Visit the following site [www.sewauk.org](http://www.sewauk.org) and then create a poster to promote the charity

## PSHE

LI: understand that there are different stages of grief

Moving house

A grandparent dying

Look at the cards and decide if each scenario is a 'loss' or a 'change'. Then using just emoji's draw some feelings that someone who was facing each of those scenarios would feel.

Changing schools

Losing a favourite toy

In life we can all go through feelings of grief if difficult changes happen in our lives or if we suffer a specific loss and that there are often a range of feelings we experience through a cycle of grief.

A pet dying

Having an accident which means you can't walk again

Having an injury that scars your face

Breaking up with a best friend

The four stages are:

1. Denying- feeling of numbness, shock, pain disbelief
2. Fighting – feelings of anger, guilt, sadness, pain
3. Overwhelmed- feelings of depression, misery, hopelessness
4. Accepting- coming to terms but able to move on

A sister leaving to go to University

Moving to a different country

Parents separating or getting divorced

Using the four stages above: draw a grief cycle for the scenario below:

### Sukie

When I moved house and changed schools I lost my best friend. We used to do everything together. Now at my new school I don't have a really close friend and I sometimes feel really sad and upset that I don't have my friend to talk to. When we first moved I used to get so upset I felt overwhelmed. My mum helped me to take deep breaths and to count as I breathed which helped me to feel calmer and more relaxed. I also started drawing pictures when I felt upset because this is something I enjoy doing. I drew some pictures of the things my friend and I liked doing. It helped me to feel better and to remember the good times we had. Things feel better now than they did because I do have some new friends in my class.

T/TT- Write a poem about how Sukie feels.

TTT- Can you write an acrostic poem or a Haiku poem to describe how Sukie feels remember you must be concise.

PE 10 minute shake up



**BADU BOOTCAMP CHALLENGE**

[https://www.eventbrite.co.uk/x/badu-bootcamp-tickets-137274191803?aff=odeimcmailchimp&mc\\_eid=d3066a3217&mc\\_cid=c4d745a022](https://www.eventbrite.co.uk/x/badu-bootcamp-tickets-137274191803?aff=odeimcmailchimp&mc_eid=d3066a3217&mc_cid=c4d745a022)

<https://app.bedrocklearning.org/> Tracey's Group