



Unlocking Potential



Autumn Termly Update | Primary School | Sept - Dec 2021

The Team

UP Team Manager	Léonie Graham
Qualified Therapist	Kate Bowes
Qualified Therapist	Lucy Targui Brown
Trainee Therapist	Fanny Bara
Trainee Therapist	Dhana Bhide
Occupational Trainee	Similolu Opeoluwa

Breakdown by Numbers (Numbers up to 17/11/2021)

*OT & SaLT typically offered to schools once per academic year

Children seen in 1:1 Therapy:	14	Children seen in weekly clubs:	15
Therapy sessions offered:	86	Speak Up Sessions:	77
Children seen for 6xTalkTime:	5	Check Ins Sessions:	81
Children seen for Occupational Therapy*:	13	Professional Meetings:	4
Children seen in Speech and Language Therapy*:	N/A	Parent Meetings:	7
Online Therapy sessions offered:	0	Child check-in calls:	12



Termly Update

The autumn term is always a term of adjustment as children return to school after a long summer break and start in their new year group with a new class teacher. We have been fortunate that we have been able to support this period of adjustment with the addition of a new Complex Case Therapist, Lucy Targui Brown who has joined the UP team at the school, and an Occupational Therapist student, Similolu Opeoluwa who will be with us for 12 weeks.

I was also thrilled to be able to restock the therapy room with toys and materials removed due to covid restrictions. This has given the children in therapy a much more diverse range of resources to use to process their emotions and life experiences.



I am so happy I can now tie my shoelaces, it was really embarrassing having to ask other people to help.

Year 6 boy attending OT

Occupational Therapy (OT)

Simi has worked with 13 children this term. She has supported them with needs that are required for their everyday life such as handwriting, memory retention and focus and concentration. These are addressed using activity-based games that make learning fun and easier to take in.



Clay work by children attending OT



Welcome Lucy

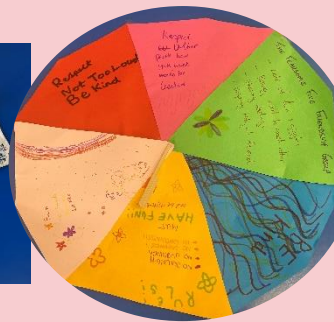


I am delighted to welcome Lucy Targui Brown to the UP team. Lucy is a qualified Play Therapist and Complex Case Therapist. She will be at Osmani Primary School on a Monday.

Lucy has 18 years' experience of supporting children and young people in different capacities and also works for Unlocking Potential as a Team Manager in another of our partner schools.

Lunchtime Club and Nurture Groups

This term in our lunchtime clubs we have been thinking about friendships and togetherness. The Y6 children made a colour wheel of what was important to them in their friendships and decorated pencil cases.



In the Y3 Nurture Group we have been following a similar theme of caring for one another, playing games based on Theraplay principles that foster nurture and care.

The Kindness Tree

This autumn we have also been fostering kindness in the school in the form of a Kindness Tree. The children have been encouraged to decorate and write on a leaf any kindnesses they have experienced from their peers across the weeks. These leaves are then added to the tree that is displayed by the office.

