



Unlocking Potential

# Spring Term Update | Osmani | JAN 2020 – MARCH 2020

## The Team



UP Team Manager	Rachel Shrive
Qualified Therapist	Kate Bowes
Qualified Therapist	Joanna Calder
Trainee Therapist	Claudine Frieden
Trainee Therapist	Francesca Crocker
Trainee Therapist	Ellie Christides
Occupational Therapy Students	Olivia Shum
Volunteers	Shaminder

## Breakdown by numbers



\*OT & SaLT typically offered to schools once per academic year

Children seen in 1:1 therapy	12	Children seen in weekly clubs this term:	23
Therapy sessions offered this term:	151	Children seen in Speak Up this term:	55
Children seen for 6xTalkTime this term:	6	Children seen in Check Ins this term	3
Children seen for OT this term *:	19	Number of hours offered by In-Class volunteers this term:	13
Children seen for SaLT this term *:	0	Number of Parent Meetings offered this term:	14
Children seen for in Therapeutic Group this term:	0	Number of Professional Meetings attended by the team this term:	2

“UP is teaching us how to stay relaxed before our SAT’s



## Year 3 communications group

This term we’ve focused on compromising, communication and teamwork. We have been creating a board game which incorporates each child’s individual style and ideas.





## Year 6 Mindfulness Group

This term we've been exploring different strategies to help reduce the physical signs of SAT's stress by channeling our energy into mindful actives. Handmade stress balls have proven to be the most popular so far!



## Year 5 Friendship Group

This Term I selected a group of friends who often found playtime hard and offered them a space to explore their own interests in a fun, communicative way. So far we have explored illusions, conducted science experiments, made oobleck and played board games.

