



Unlocking Potential

SideBeSide Annual Overview

Osmani Primary School | September 2017 – July 2018

Breakdown by numbers

(Numbers for full year as of 27/06/18)

Children who have accessed 1:1 therapy (current + ended earlier in the year)	19 +	Children receiving weekly drop-in support (Behaviour / friendship building / well-being)	5
	6		
Children who have accessed group art therapy	6	Children receiving weekly in-class support	1
Therapy sessions offered this year	360	Children attended 6 week lunchtime club	24
Children seen for 6xTalkTime	15	Children attended drop-in lunchtime activity	75
Children seen for Speech and Language Therapy	8	Parent Meetings	79
Children seen for Occupational Therapy	26	Children attended Speak Up	42
Children seen for Year 6 Transitional Groups	10	Children took part in SBS Golden Time activities	50

The Team

Lucy Freeman	<i>SideBeSide Team Manager, Art Psychotherapist</i>
Tammy Zhelyazkova	<i>Play therapist</i>
Kate Bowes	<i>Art Psychotherapist</i>
Kirsty Kirby	<i>Trainee Occupational Therapist</i>
Claudine Freiden	<i>Trainee Integrative Child Psychotherapist</i>
Olivia Felton	<i>Trainee Integrative Child Counsellor</i>
Samantha Amissah	<i>Trainee Integrative Child Counsellor</i>
Francesca Crocker	<i>Trainee Integrative Child Psychotherapist</i>
Jasmine Lam	<i>Trainee Art Psychotherapist</i>

Our News – Summer Term

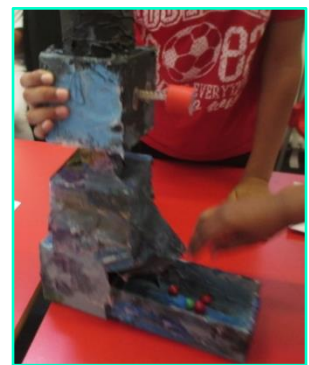
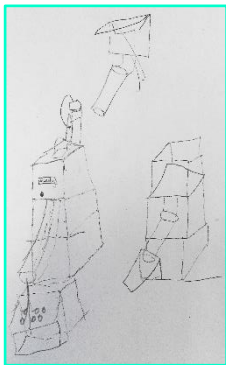
- **This term has been very busy. With the therapy timetable full, SideBeSide have been offering more 6xTalkTime, Speak Up and Lunchtime Clubs to support the children's emotional wellbeing until therapy spaces become available in September.**
- **Transitional groups for Year 6** have started, children have the opportunity to prepare for making new friends, understanding their new timetable and school maps, saying goodbye to Osmani. The children are engaging very positively.
- **Speak Up** continues to be available for children to talk about their worries. Children can now also sign up to **drop-in lunchtime activities**.



- **6 week lunchtime clubs** continue to be a successful way to support children with friendship difficulties and to build confidence. This term children from years 2 and year 4 have taken part:



- **6xTalkTime continues** to be a successful intervention for children with SEMH needs. Children in a year 3 6xTalkTime Social Skills group worked really hard to create a 'Candy Machine'. They shared it with their class explaining how it works and how it developed from their team work:



- This term Jasmine, our trainee art therapist, has been able to offer group **art therapy sessions to year 5 and year 1 children**. Additionally she has been running **creative Golden Time activities every week for children in year 3**. Jasmine's placement ends in July and the children will be sad to see her go however we have plans to roll out the ideas she has brought to Golden Time to more classes next year. Here are just some of the things they have been making:



"I learnt how to work together and I learnt how to be considerate... I enjoyed playing cards and I loved making the machine and also eating skittles"

Year 3 child who accessed 6xTalkTime: Social Skills Group