

Unlocking Potential -Termly Update

Osmani Primary School | January 2019 - April 2019

Breakdown by numbers

(Numbers as of 13.03.19 – parent meetings & children attended speak up will increase by the end of term. Therapy sessions and volunteer hours projected to end of term.)

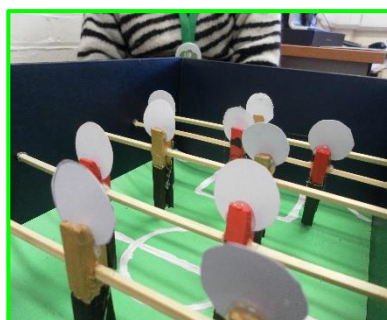
Children who have accessed 1:1 therapy	20	Volunteer hours	8
Therapy sessions offered	188	Children attending lunchtime club	16
Children seen for 6xTalkTime 1:1 Group	3	Speak Up's	17
Children seen for Occupational Therapy	18	Parent Meetings	21
Occupational Therapy sessions offered: 1:1 Group	59 18	Children receiving weekly drop-in support (Behaviour / friendship building / well-being)	2

The Team

Rachel Shrive	<i>UP Team Manager, Art Psychotherapist</i>
Tammy Zhelyazkova	<i>Play therapist</i>
Kate Bowes	<i>Art Psychotherapist</i>
Anisha Namuli	<i>Trainee Occupational Therapist</i>
Claudine Freiden	<i>Trainee Integrative Child Psychotherapist</i>
Samantha Amissah	<i>Trainee Integrative Child Counsellor</i>
Francesca Crocker	<i>Trainee Integrative Child Psychotherapist</i>
Shaminder Gill	<i>Volunteer – Chess clubs</i>

Our News

- This term **19 children have continued therapy from last year and 1 child joined our services in January.** We only have a couple of spaces left until the therapy service reaches full capacity.
- This term we ran a **communication project for a parent and child, who wanted space to build a positive relationship.** During our 6 sessions we made a mini football table, **this was a great opportunity for their communication skills to build in strength, with fun and laughter included!**



- Osmani has recently **welcomed myself (Rachel Shrive) as their new Team Manager**. I would like to take this opportunity to recognise the fantastic work Lucy Freeman (previous Team Manager) has accomplished at Osmani and express my excitement for the opportunity to continue her great work. **I would also like to say thank you to all the staff and pupils at Osmani School for a lovely warm welcome.**



- A little bit about me-** I am an Art Psychotherapist with experience working in schools, specialised provisions and NHS mental health services, I also enjoy art and creative expression.

- Chess club has taken Osmani School by storm.** Shaminder our volunteer has had fierce competition with our fast learning year 5's. I've been taken under the wing of our experienced players and we all make sure everyone gets to play, even if that means someone plays two games at once!



- A whist club has also started at break times for year 6 children**, some of whom are shy and have low self-esteem. This will support their **social development by encouraging new friendships to establish and build their self-confidence**, while enjoying the fun aspects of group games.

"I haven't given up, I've practiced all weekend and I'm ready to win!"

Year 5 child accessing our chess lunchtime club