

The Team

Therapy Team Manager	Eunice Laurel (<i>September</i>) & Fleur Tavare (<i>October</i>)
Complex Case Therapist	Francesca Croker
Complex Case Therapist	Jenny Cox
Therapy Trainee	Freda Kamanda
Therapy Trainee	Julia Savage
Speech and Language Therapist	Hannah Mohamed



“I have seen an amazing difference in his confidence since starting therapy”
Parent of child in 1:1 therapy

Breakdown by Numbers

13	Children seen in 1:1 therapy	20	Check-in sessions attended
76	Therapy sessions offered	10	Children seen for Speak Up's
3	Children seen for 6xTalkTime	3	Teacher Meetings attended
4	Children seen for SaLT	7	Parent Meetings attended
11	Children seen in Wellbeing Groups		

It was a warm welcome back to all the children at Osmani after the summer break. The children have been busy settling into their new classes as the start of the new academic year commences.

This term, Fleur Tavare has joined the UP team at Osmani and will be with us until the end of term. She has been truly impressed by the warm and wonderful welcome from both staff and children and is thrilled to be part of such a caring, hardworking, and fun team. Fleur is looking forward to the term ahead and is eager to continue the invaluable support that Eunice has been providing to the children.

We are also delighted to welcome Jenny Cox, a Child Psychotherapist, who will be working with four of our most vulnerable children, offering them essential therapeutic support throughout the new school year.

Check-ins and 6x Talk Time

Fleur is an Integrative Child Psychotherapist who has been leading 6x Talk Time, Check-in's, and Speak Up sessions with the children this term. With a particular passion for art and sport, Fleur often weaves these elements into her sessions to create a dynamic and engaging experience. Despite only being with us for a few weeks, Fleur has already begun building meaningful connections with the children through a variety of fun and interactive activities. One standout so far has been the "Get to Know Me" football game, which combines a playful yet meaningful activity with movement, giving children the space to talk and express themselves, whilst making the sessions both enjoyable and energizing!



Wellbeing Group

This term, Julia, our psychotherapy trainee, has been leading a wellbeing and friendship group for five year two children. The group included a structured free-play session in the therapy room, where the children could enjoy open playtime while participating in a check-in and check-out process. During these sessions, the children were encouraged to reflect on their interactions, helping them think about how they cooperate and play together. There was a focus on essential social skills, such as asking for things politely instead of snatching, as well as sharing, cooperating, and showing kindness. The children also explored how hurt feelings can arise when someone is mean, the importance of listening when others share their feelings, taking turns, and respecting boundaries. This approach aimed to build self-awareness and foster positive, supportive interactions among the children.



Speech and Language Therapy

Hannah Mohamed, UP's Speech and Language Therapist, recently joined the Osmani Therapy Team and will be delivering SALT interventions throughout the Autumn Term. She has been busy getting to know the children, collaborating with school staff, and conducting essential speech, language, and communication assessments that will guide her tailored interventions for the remainder of the term. Hannah will be working with children across the school, offering crucial support to enhance their communication skills, social interaction, academic progress, and emotional well-being.

